

ŠE NEKAJ PREDLOGOV ZA RAZVIJANJE GRAFOMOTORIKE

1. Pazi na **triprstni** oziroma **pincetni** prijem!
2. Pred pisanjem lahko narediš vaje za sproščanje in razgibavanje roke, dlani in prstov.

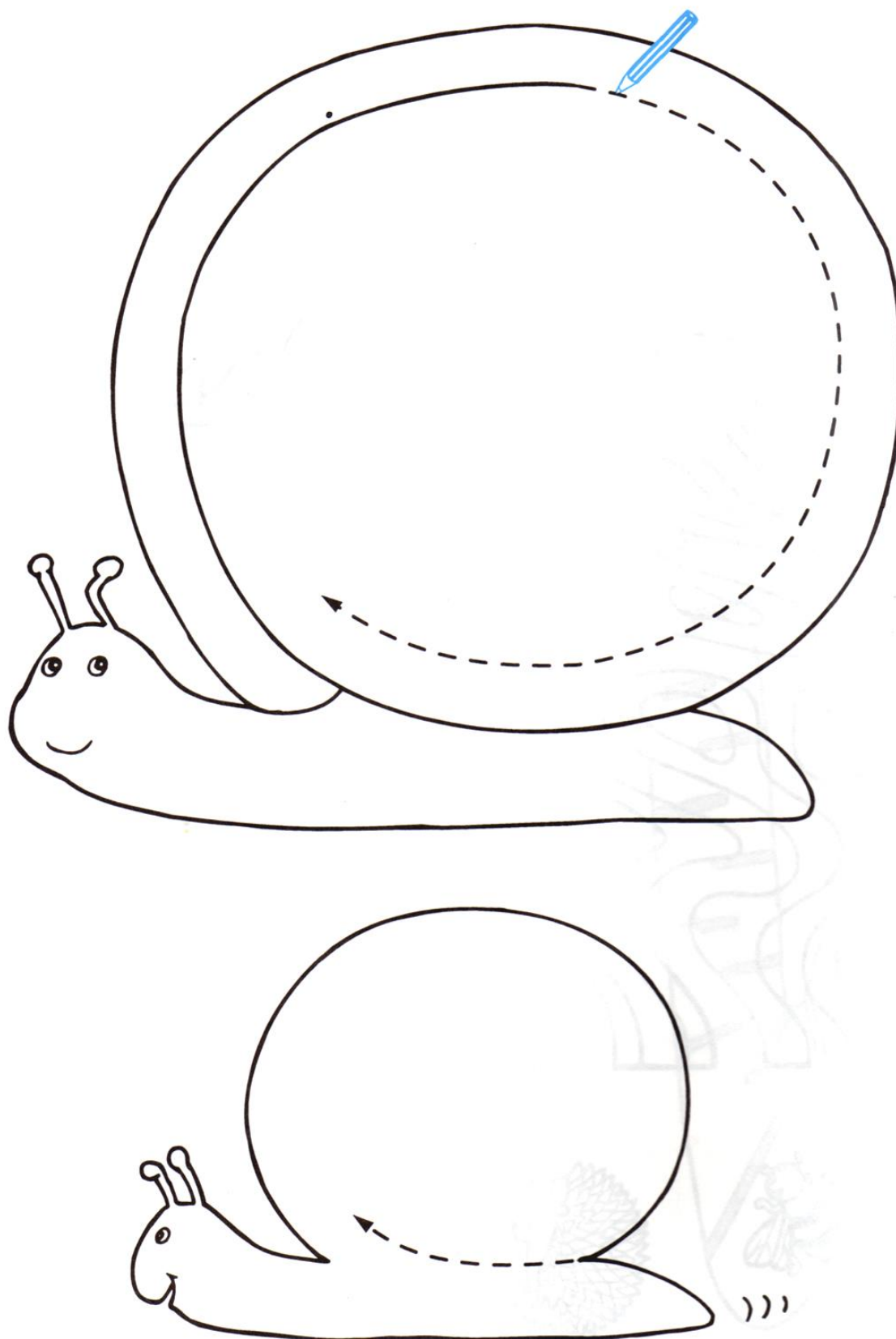


Tukaj je samo nekaj primerov vaj, za več takih vaj preišči internet. Lahko pa mi pišeš na mail za dodatne vaje:
maja.kovic@os-jela-janezica.si

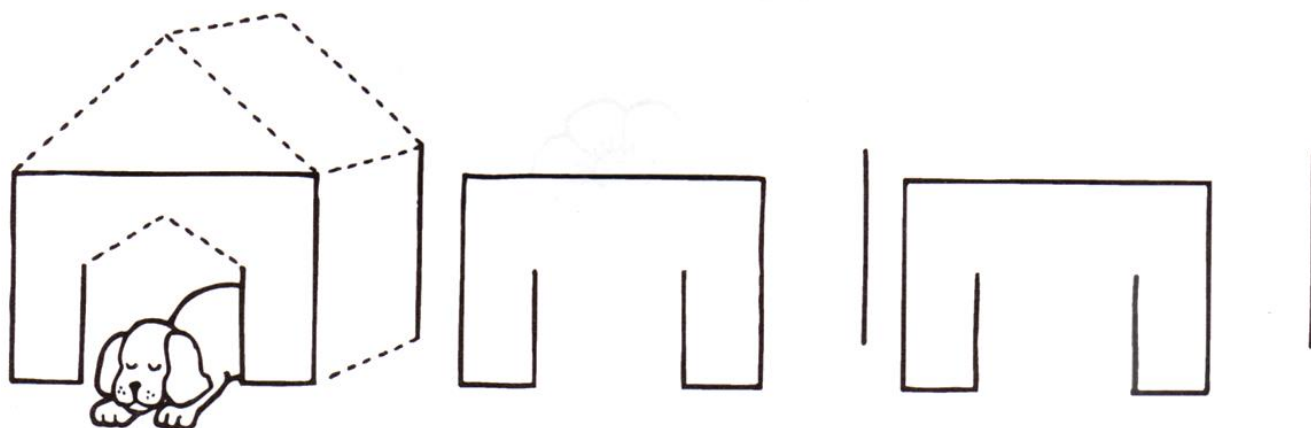
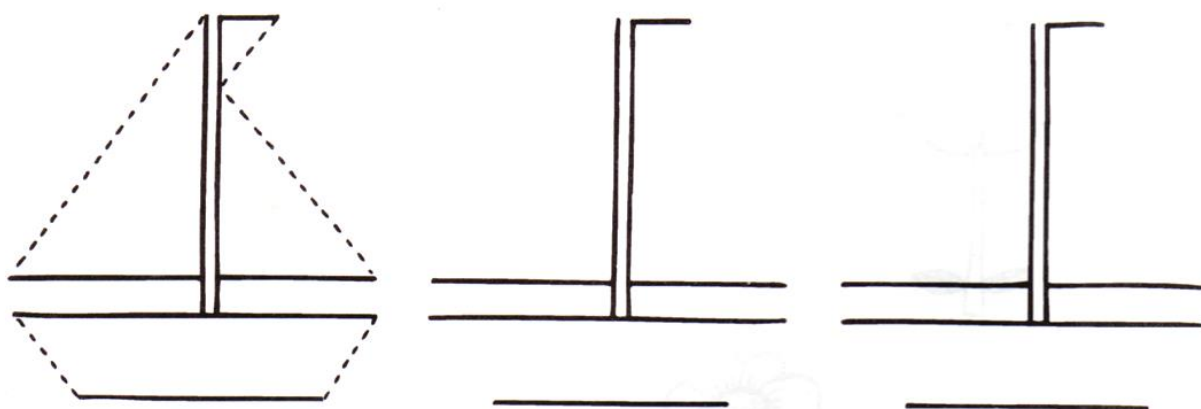
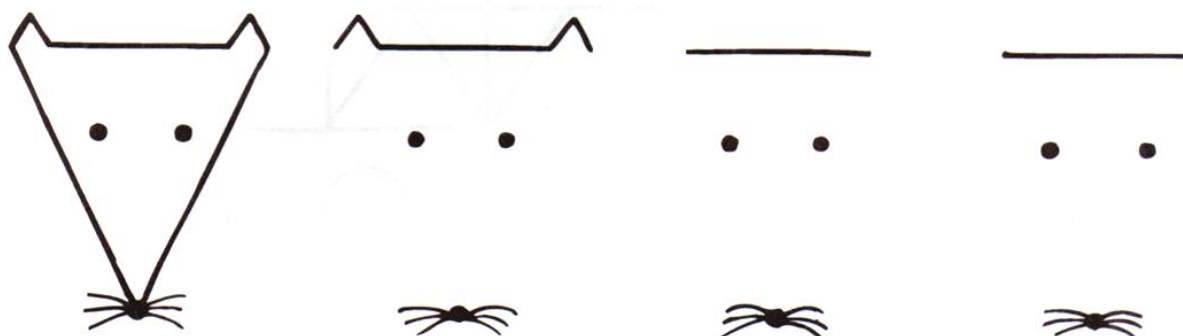
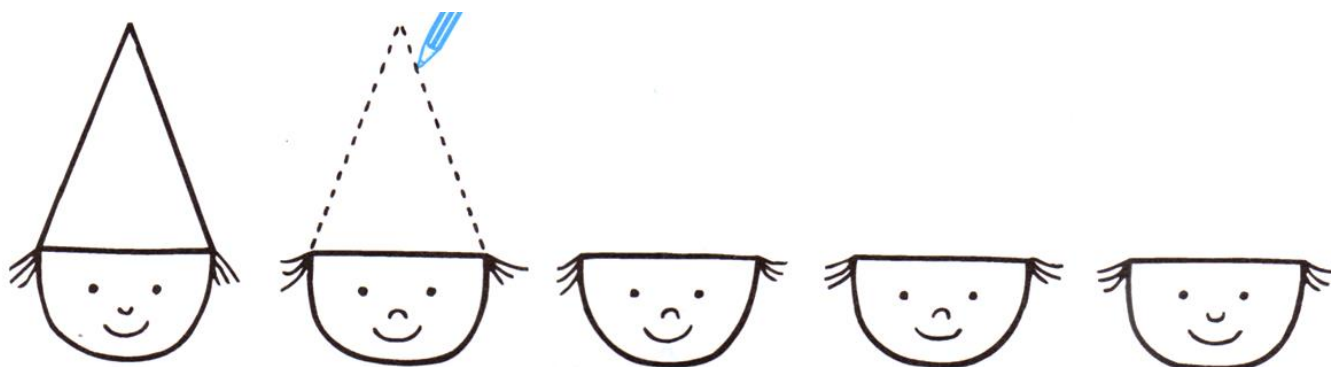
Vaje povezovanja pik s črto.



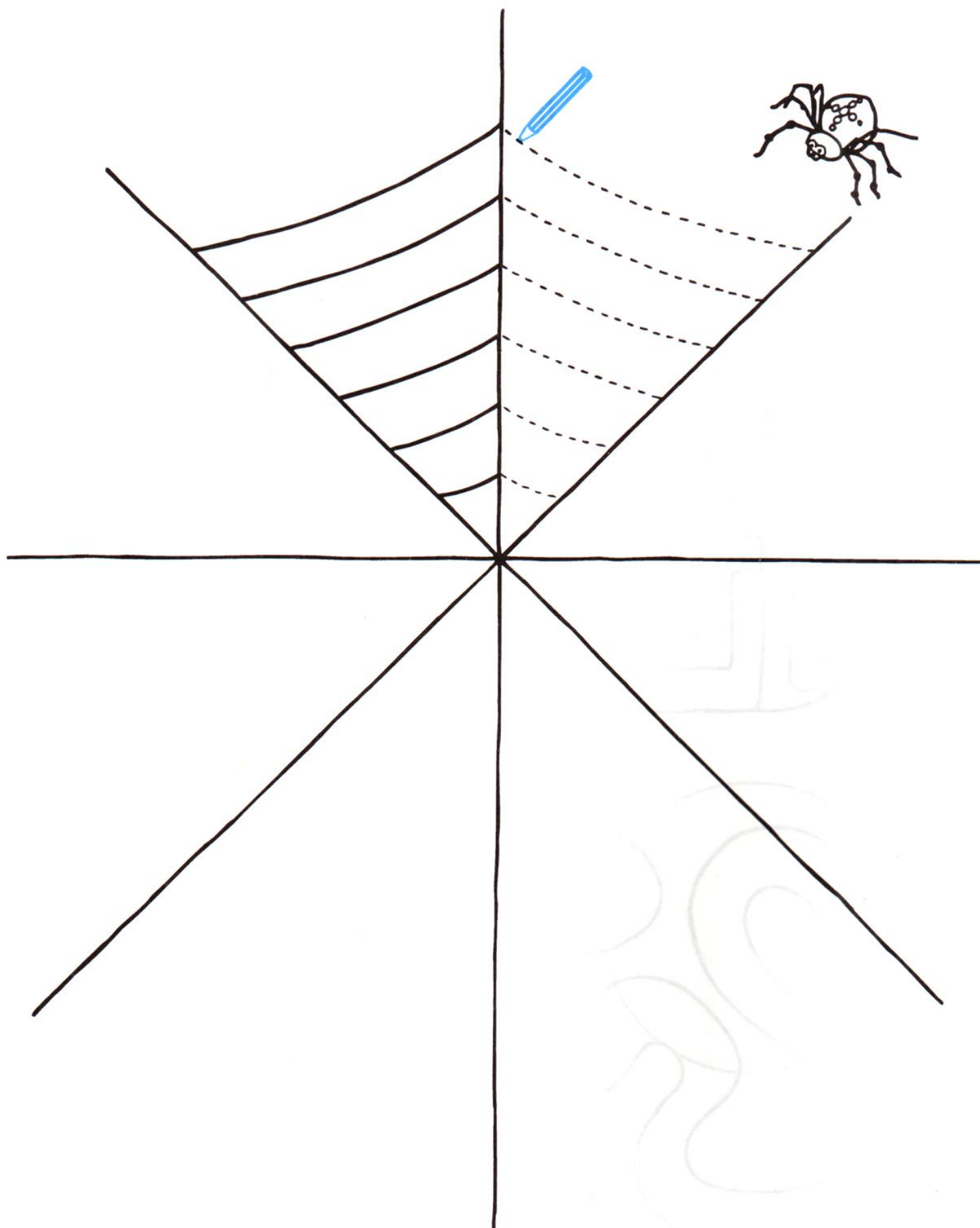
Nadaljuj vzorec brez dviga pisala v zrak. Roka, komolec in zapestje morajo lepo tekoče drseti po podlagi.



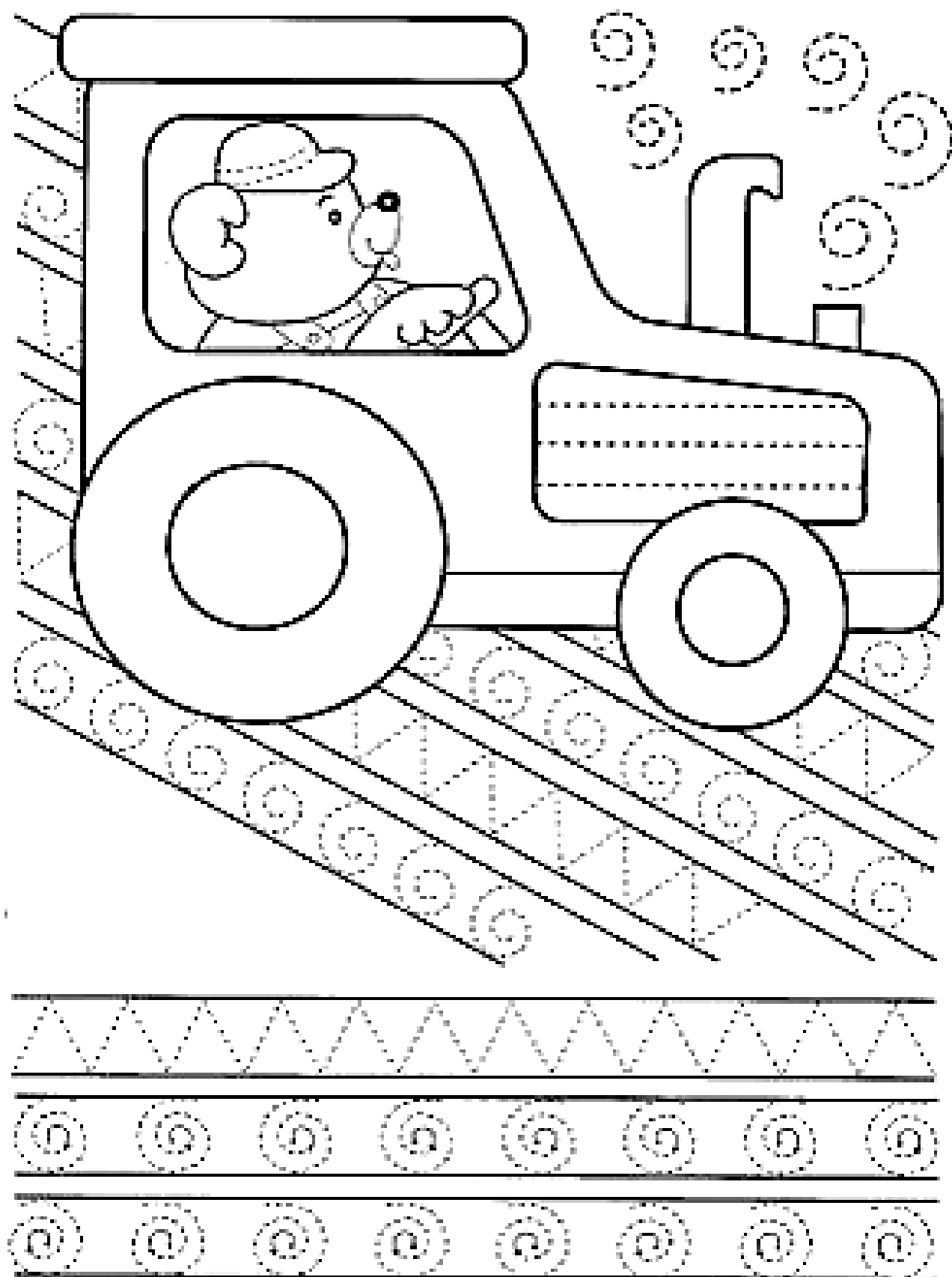
Natančno nadaljuj.



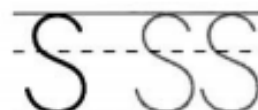
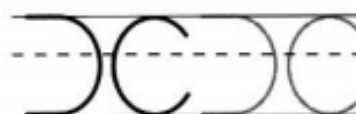
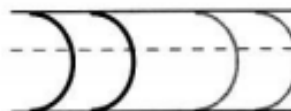
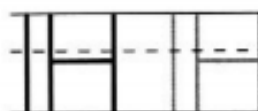
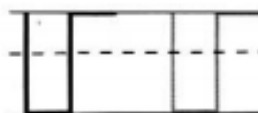
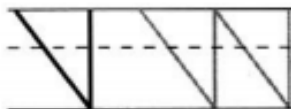
Dopolni pajkovo mrežo.



Z različnimi barvicami sledi črkanim oblikam. Sliko pobarvaj.



Nadaljuj vzorec.



Nadaljuj vzorec.

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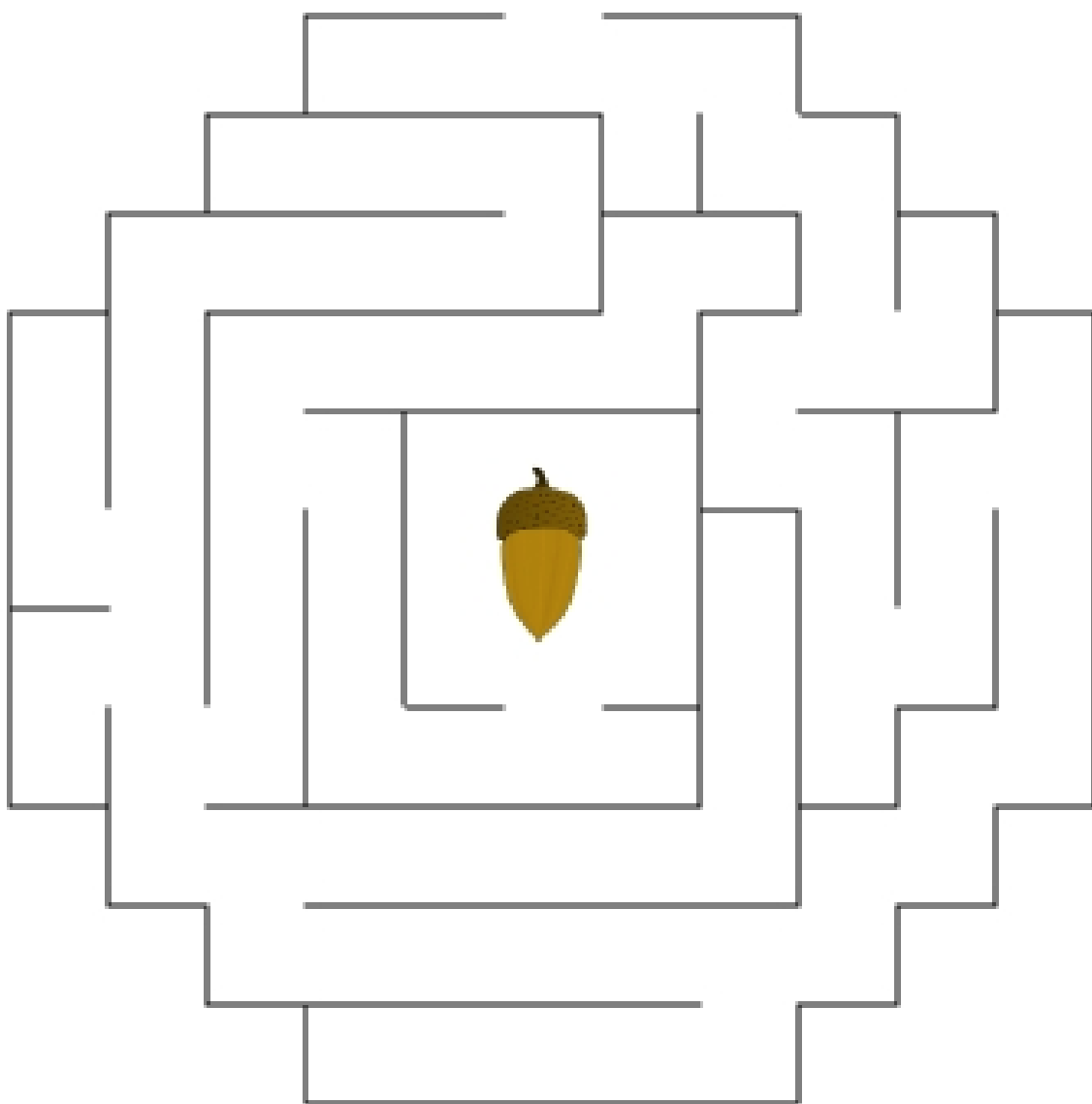
Cc Cc

Oo Oo

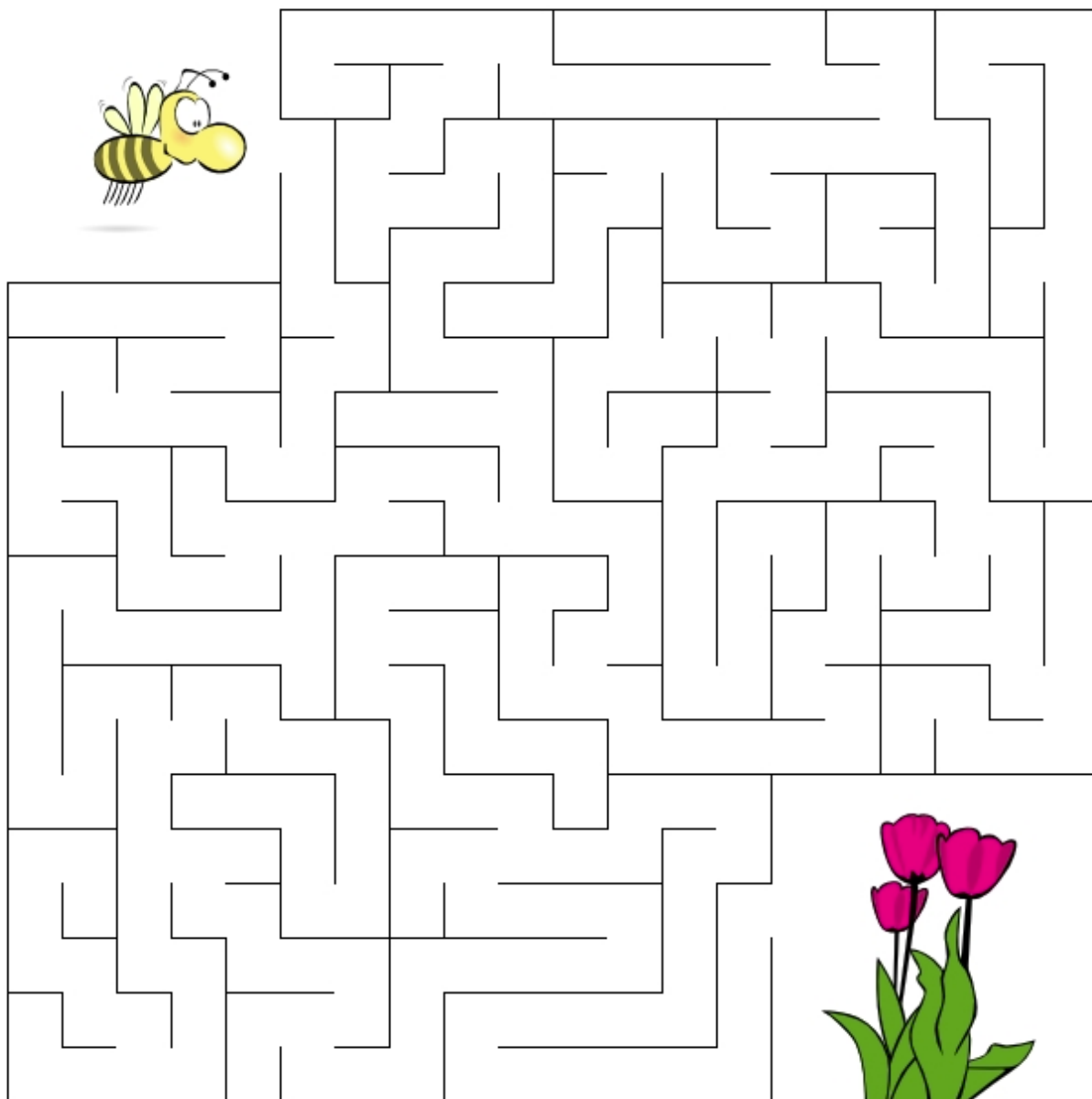
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Labirint. Najdi pot do lešnika. Pazi, da se s svinčnikom ne dotakneš zidu labirinta.



Poišči pot. Pazi, da se čim manjkrat dotakneš zidu.



Pripravila Maja Kovič, spec. ped.

