

# **RAZMIGAJ SVOJE MALE SIVE CELICE IN SE GIBAJ**

## **TANČULA - vaja za pomnjenje in koordinacijo**

[https://video.arnes.si/portal/asset.zul?id=B1bbDVHbMe9TSHq3Jz6ZOWB&jwsouce=cl&fbclid=IwAR1N8HquzQSit7gizUr8WOwVNqESHk2-zV3daQhYvwhgCCGk3APeC9UC\\_4M](https://video.arnes.si/portal/asset.zul?id=B1bbDVHbMe9TSHq3Jz6ZOWB&jwsouce=cl&fbclid=IwAR1N8HquzQSit7gizUr8WOwVNqESHk2-zV3daQhYvwhgCCGk3APeC9UC_4M)

## **TRI V VRSTO - vaja hitrosti in razmišljanja**

[https://www.youtube.com/watch?v=ONh4-ZdZ\\_EY&fbclid=IwAR3cOJTcrf1OnvASr0nWh8b10FGjXq73JyO7ORQ-lkyRQCigLYfasMC2p4E](https://www.youtube.com/watch?v=ONh4-ZdZ_EY&fbclid=IwAR3cOJTcrf1OnvASr0nWh8b10FGjXq73JyO7ORQ-lkyRQCigLYfasMC2p4E)

## **GUMITVIST - vaja gibljivosti in odriva**

<https://www.youtube.com/watch?v=a2ro2xX21eA>