

## Vocabulary from the text

### 1 Fill in:

- mysterious • mischievous
- therapeutic • infectious
- mood-enhancing

- 1 Smiles can be quite ..... , causing others to smile too.
- 2 Studies are finally starting to cast light on the ..... secrets of smiling.
- 3 Whether it's a(n) ..... smirk or and huge grin, a smile can tell us a lot about a person.
- 4 A smile can make the body produce ..... substances such as dopamine.
- 5 When someone is ill, smiling can offer ..... benefits and speed up recovery.

### 2 Fill in: *display, lift, reveal, capture* in their correct form.

- 1 Mona Lisa's smile ..... the imagination of viewers for hundreds of years.
- 2 For centuries, art historians have speculated over what emotions ..... in the *Mona Lisa* painting.
- 3 Many viewers find the painting ..... their spirits and gives them a sense of hope.
- 4 Art historians study the *Mona Lisa* in hopes of ..... the secrets behind her smile.

### 3 Fill in: *at, for, on, to*.

- 1 Mary's beautiful smile makes an impression ..... everyone she meets.
- 2 Studies show that smiling is essential ..... good health.
- 3 The best response ..... a smile is to smile back.
- 4 Babies often smile ..... the sound of their mother's voice.
- 5 Your smile can have a positive impact ..... the people around you.

## Topic vocabulary Well-being

### 4 a) Complete the sentences with the following nouns: *stamina, mood, therapy, disease, stress, recovery*.

- 1 Meditation is a very effective way to cope with .....
- 2 The ..... can be contracted through contaminated water.
- 3 Regular training is the only way to build up ..... in order to complete the 10 km race.
- 4 People suffering from depression often undergo ..... with a psychologist.
- 5 A great way to boost your ..... is to meet up with close friends.
- 6 A positive and supportive environment can really speed up the ..... of a patient.

### b) Match the six nouns from Ex. 4a to the sets of adjective to form collocations.

- 1 daily / severe / emotional .....
- 2 alternative / non-invasive / ongoing .....
- 3 amiable / rotten / defiant .....
- 4 dramatic / full / swift .....
- 5 chronic / terminal / degenerative .....
- 6 great / mental / physical .....

### c) Write sentences with three of the nouns from Ex. 4a, using them with at least one of its collocations from Ex. 4b. Read them to your partner.

## Health Problems and Injuries

### 5 a) Choose the correct word.

- 1 Carla had a **stinging/splitting** headache so she went home.
- 2 If the glands in your throat are **swollen/bruised**, you might have an infection.
- 3 Jim **tore/twisted** a muscle in his calf and is using crutches to get around.
- 4 Grandma had a **thrashing/throbbing** pain in her knuckles so she took some pain medicine.
- 5 Kevin **stubbed/fractured** his toe on the door; that's why his toenail is black.
- 6 I **blocked/dislocated** my collarbone in a skiing accident and I have to wear a sling for two weeks.

### b) Find the health problems/injuries described in sentences 1-6 and list them under the headings:

hands	legs	head/neck	torso